

# AQUATIC CENTER RULES

## AT THE STATION

- 1.** According to State law, all swimmers must take a shower before entering the pool. Proper swimming attire is required and cut offs, leotards, biking tights, etc. are not permitted in or around the pool deck.
- 2.** Swim diapers are required for all non-toilet trained patrons.
- 3.** Persons with infectious conditions or contagious diseases such as colds, open sores, the flu, eye infections and similar infectious conditions/contagious diseases are not permitted in the pool.
- 4.** No floatation devices are permitted. Noodles, barbells, and other equipment are permitted provided they are being utilized as a part of a structured activity.
- 5.** Snorkels, masks, fins and swim toys are permitted.
- 6.** Horseplay is not permitted (i.e. running, dunking, pushing, sitting on shoulders, etc.).
- 7.** Patrons should enter or exit the pool by using the pool ramp, ladders or zero depth area.
- 8.** At the discretion of the Lifeguard, any swimmer may be asked to demonstrate their swimming ability to determine if they are able to use designated area of the pools.
- 9.** Non-Swimmers are required to wear a Coast Guard approved life jacket and stay within arms-length of an adult; 18 years or older.
- 10.** To protect individual's privacy, please refrain from taking photos or videos.
- 11.** Lifeguards are in place for your safety; show respect by following all lifeguard instructions.
- 12.** No strollers or wagons are allowed in the Aquatic Center.
- 13.** No outside food or drink except bottled water allowed in the Aquatic Center.
- 14.** No coolers allowed in the Aquatic Center.



City of Moore  
MOORE, OKLAHOMA

## Age Restrictions

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1. Children 7 and under must be directly supervised by an adult (18 years and older) at all times unless they are participating in a Station sponsored program or activity and the adult must remain within arm's reach.
  - An adult is considered to be someone who is 18 years of age or older
  - Adults are required to be in the water and may not swim laps when supervising children
2. Children 8 to 12 may use the aquatic center unsupervised, however an adult must remain in the aquatic center at all times.
3. Adult Supervision

## Lap Pool/Diving Area Rules

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1. Patrons should not hang onto or climb over the lane lines.

an adult within arm's reach in the lap pool. A life jacket is required for non-swimmers arms-length of an adult; 18 years or older
2. Non-swimmers must wear life jackets and have

## Lap Swim

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1. The lap lanes are for lap swim only.
2. A circular pattern will be used for lap swimming. Patrons should stay on the right side of the lane, swimming in counterclockwise direction.
3. Patrons that stop between lengths should pause in the corner of the lane to prevent collisions and/or injury.
4. Patrons should try to keep pace and maintain a reasonable distance between swimmers. Patrons continually passing or being passed, should consider moving to a different lane.
5. When passing, patrons should notify the swimmer in front and pass in the middle of the lane. Patrons should watch for oncoming swimmers.
6. Lanes are designed to accommodate up to four patrons who are swimming laps in a circular pattern.
7. Kick boards and pull buoys are to be used for fitness training or at the discretion of the Lifeguard and be stored in the appropriate storage area when not in use.

## Diving Boards (1 meter, 3 meter)

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1. Patrons may only use the diving boards during designated recreational diving times (refer to the current pool schedule).
2. Patrons must mount the board by using the ladder only.
3. Only one person is allowed on the board at a time and only one bounce is permitted.
4. Patrons should jump straight off the board, not to the side or toward the wall.
5. Only standing front dives are permitted.
6. Patrons must take-off the board from the feet only (no handstands, cartwheels, or sitting take-off).
7. Patrons must wait for signal from lifeguard before entering the water.
8. After exiting the diving board, patrons must exit the pool at the nearest ladder or stairwell.
9. Hanging on the board is prohibited.
10. General swimming in the diving area is not permitted when the diving board is in use.
11. Masks, goggles or glasses may not be worn while using the diving board.
12. The diving boards may be closed at the discretion of the Aquatic Staff to provide additional lap lanes, or program space.

## Kiddie Pool

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1. The kiddie pool is reserved for children 7 years and under. An adult; 18 years or older must stay within arms-length at all times.
2. Swim diapers are required for all non-toilet trained patrons.

## Re-Entering from Outside Deck Area

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1. The outside pool deck shall be open at designated seasons and times only.
2. Patrons must shower off before re-entering the swimming pool. All dirt, creams, lotions and any other materials which may contaminate the water must be cleansed off.

# Lazy River Pool Rules

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## Water Slide

1. State regulations require that all riders must be 48" or taller to use the water slide. The water slide is only open for use during designated times (refer to the current pool schedule).
2. Masks, goggles or glasses should not be worn while sliding.
3. T-shirts and swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted.
4. Pregnant women and persons with heart conditions or back trouble should not ride the slide.
5. Only one user allowed be on the slide platform at a time.
6. Patrons must make sure the plunge pool area is clear and wait for signal from the lifeguard before entering the slide. Swimming is not permitted in the roped off section of the slide.
7. Only one rider is permitted on the slide at a time. Patrons are not permitted to ride with children in their lap.
8. The slide must be ridden feet first. Hands and feet must be kept inside the slide at all times.
9. Diving into/off of, kneeling, changing positions, slowing down, stopping, forming chains or sliding down head first is prohibited at all times.
10. Catching children as they exit the slide is not permitted.
11. Patrons must exit the water immediately after using the slide.
12. The water slide may be closed at the discretion of the Aquatic Staff.

## Lazy River

1. The number of people allowed in the current channel will be determined by the Lifeguard on duty.
2. Sitting, standing, diving off of, or hanging on the wall is prohibited.
3. A capable/experienced swimmer must accompany children who are non-swimmers. A Lifeguard will determine non-swimmer capability.